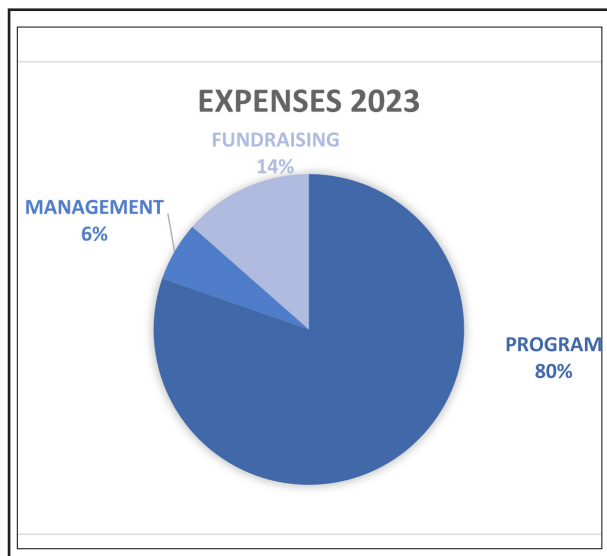
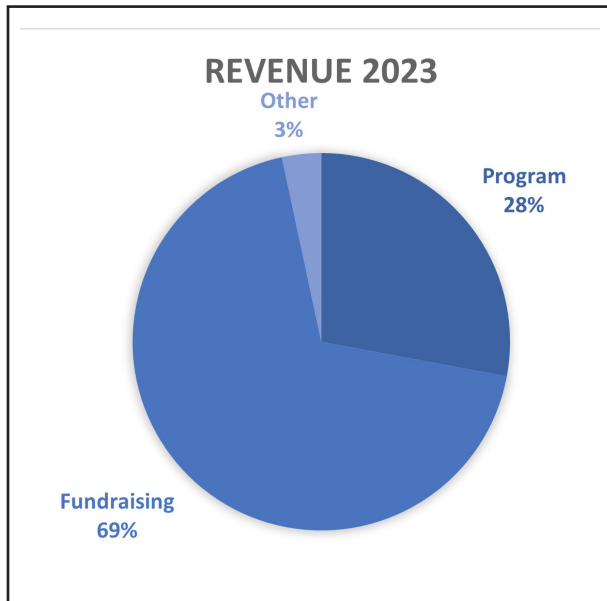


# 2023 Annual Report

## Financial Report



“The care and follow ups for my daughter mentally and physically have been far greater than her PCP, I like how involved they are with her sports and mental health. They are knowledgeable and my family truly appreciates the care and guidance through this situation. Thank you Safe Sports!”

— Manchester Central HS Parent



**Having a sports medicine expert at school is critical to ensuring athletes with underlying health concerns have what they need to participate safely!**

A young athlete’s underlying health is often assumed and taken for granted. Carolyn started having nose bleeds and dizzy spells, then passed out in school. Her medical tests revealed Carolyn has a disorder that makes her heart race when she stands up. A combination of techniques and medication allowed Carolyn to carefully return to lacrosse under the close supervision of her Safe Sports athletic trainer. Carolyn missed most of preseason but donned her #15 jersey in time to play in all the games. She led by example, working through this challenging time, and was a mentor for her younger teammates.

**Participation in sports—in part, because of the adversity that kids often encounter—helps kids develop into determined and successful adults. Seems like Carolyn is well on her way!**

# Thank you, 2023 donors!!

You make it possible for young athletes to have the care they need.



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# You Made a Difference in 2023

Your support made it possible for kids to have immediate evaluation of 1,756 new injuries!



Even kids who don't get hurt are safer because of your support.  
Critical, life-saving Drop-the-Dummy education and drills are part of pre-season prep!



# Thank you, 2023 donors!!

Every gift supports efforts to improve knowledge and sports safety.

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## 2023 Highlights

- Young athletes had nearly 1,800 new injuries evaluated by Safe Sports staff.
- Athletes received over 36,000 free treatments for those injuries valued at over \$1.5M. Ambassadors gained leadership skills, as well as life-saving skills and knowledge about sports safety.

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# Thank you, 2023 donors!!

Every gift helps keep kids safer.

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Safe Sports Student Ambassadors learn about sports safety, stewardship, volunteerism and leadership. Here, Ambassadors learn to leverage leadership skills in a morning-long session donated by the generous staff at Thrive Outdoors.

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# Thank you, 2023 donors!!

Every gift supports efforts to keep kids striving for their full potential.

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*We strive to recognize and acknowledge all supporters, unless anonymity is requested; please alert us of any errors, omissions, or other listing preferences by emailing Amy Hollingworth, Executive Director, at amy@nhmi.*

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# Thank you, Student Ambassador Sponsors!



**MISSION:** To empower and encourage students to leverage characteristics and skills gained through sports to help them succeed in life and become leaders in their communities.





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